
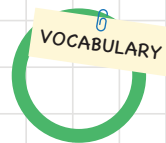
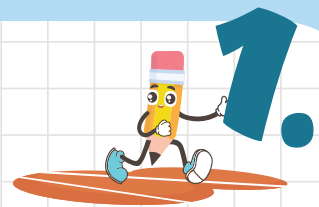


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LET'S WARM UP FOR THE OLYMPICS AND READ THE TEXT



THE HISTORY OF OLYMPICS & MARATHON

Every four years, sportsmen from all around the globe come to compete at the biggest competition in the world – The Olympic games. But what do we know about the amazing Olympics? You are here to find out.

The first Olympic games began exactly 2800 years ago in the Ancient Greece, in the place called Olympia. They were a part of an Ancient Greek festival that celebrated the Greek God of sky and weather, Zeus. From the year 776 BC, the competition was organized every four years and sometimes, it lasted for 6 months! Unfortunately, after nearly 1200 years of playing, a Roman ruler Theodosius said: „No more Olympic games!“

However, in 1896, the Olympics came back! Baron Pierre named this new event the „Modern Olympic games“ and they are still happening today. In 1913 the design of the Olympic rings was made. Their five colors and the white background are colors of the flags of different countries, and their interlocking represents that we are all together and united!

Sports that were originally on the Olympics are: fencing, shooting, tennis, cycling, weightlifting, running, artistic gymnastics and Greco-Roman wrestling. One of the most interesting races, was the first ever, Olympic Marathon! The winner of the first Olympic marathon was Spyridon Louis from Greece, who finished the race in 2 hours 58 minutes and 50 seconds.

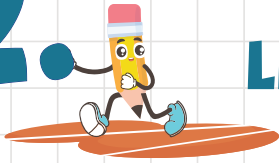
We all know a marathon is traditionally about 42km long. But do we know why? Here is a short story about the very shocking history of the marathon.

In the 490 BC, there was a big battle between the Persian Empire, whose army had a lot more soldiers, and Athens. However, Athens won! So, a messenger named Pheidippides ran from the battlefield of Marathon to Athens to tell everyone about their victory. He ran for 42km, delivered his message and died because he was really exhausted.

From the first modern Olympic games in 1896 until 2024, marathon was always one of the disciplines with the richest history. The present marathon record is 2 hours 6 minutes and 32 seconds and it was set by Samuel Wanjiru from Kenya in 2008.

Now that we know a little bit more about Olympics, we are ready for this year's Paris adventure!

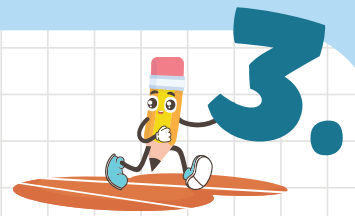
2.



LET'S SEE HOW WELL YOU REMEMBER THE TEXT

1. The first, ancient Olympic games began in:
 - A) 2800 BC
 - B) 776 BC
 - C) 776 AD
2. How long did they last?
 - A) 6 days
 - B) 2 months
 - C) 6 months
3. _____ stopped Olympic games and they didn't come back until:
 - A) Baron Pierre, 1896
 - B) Zeus, 1913
 - C) Theodosius, 1896
4. What do the five colors of rings and the white background represent?
 - A) The union of all countries
 - B) Flags colors
 - C) 5 different sports
5. One of the sports that wasn't on the 1896 Olympics:
 - A) swimming
 - B) running
 - C) cycling
6. Spyridon Louis won the first:
 - A) marathon
 - B) Olympic marathon
 - C) Olympic games
7. Who won on the battlefield of Marathon in 490 BC?
 - A) Athens
 - B) Persian Empire
 - C) Greece
8. The messenger ran for 42km to _____ and _____ :
 - A) ask for more soldiers, fell because he was so tired.
 - B) tell everyone about the victory, died because of his illness.
 - C) tell everyone about the victory, died because he was tired.

READING COMPREHENSION



Pročitaj intervju sa Angelinom Topić i spremi se da navijaš u Parizu.



1. WHEN DO YOU GET UP / GO TO BED?

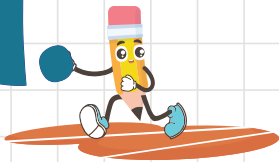
It mainly depends the time of my training on that day. Usually, it is between 6 and 6.30 A.M. but as we often train the afternoon, on those days I have the opportunity to sleep in.

When it comes to going to bed, I noticed that I have the best rest when I go bed at 10 P.M, so that is what I strive for, although it is not always possible.

When do the Olympics start this year?
Have you noticed the coincidence?

On Angelina's 19th birthday, 26. 7.

4



OPEN-CLOSE

2. WHAT DO YOU EAT FOR BREAKFAST?

I do my best to make sure that my breakfast provides me _____ enough nutrients and energy _____ will enable me to train as hard as possible. The preparation mustn't be too time-consuming, since there's not much time at my disposal. My common choices are oat meal _____ some fruit or just a sandwich with the ingredients I find in the fridge. A morning coffee beside this is also a part of my daily routine.

3. DO YOU HAVE ANY SPECIFIC DIET?

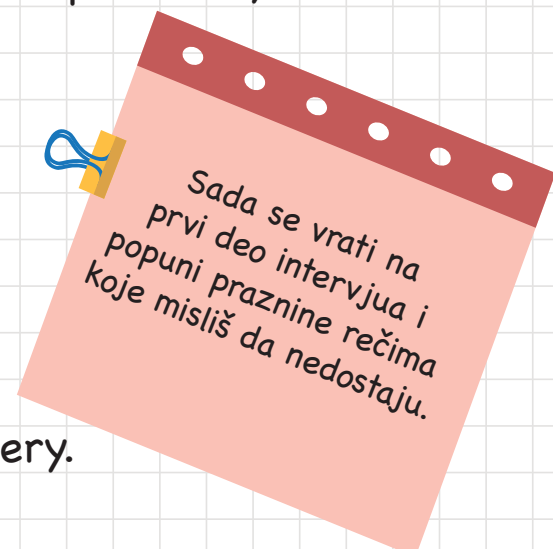
Nothing specific. Basically, I prefer healthy food which makes me feel good. However, I don't give up on anything I like. Balance is the key, I believe.

4. WHEN DOES YOUR TRAINING START? HOW LONG IS IT?

My morning training starts around 7.30, while the second session commonly begins between 12-3 P.M. _____ average both of them last 2 hours. I train _____ day except Sundays.

5. WHAT'S THE HARDEST PART OF YOUR DAILY ROUTINE?

Since I'm still in high school, I sometimes find it hard to go to school between my two training sessions as that should be a period of rest and recovery.



FILL IN THE BLANKS



Nastavi sa čitanjem i popuni praznine, ovoga puta rečima koje su ti predložene.

_____, I am fully aware of the benefits that education will bring me in life, so I try to manage everything.

6. HOW DO YOU LIKE TO SPEND YOUR FREE TIME?

I love doing lots ___ things. I hang out with my friends, read, watch films, listen ___ music, cook... I always try to make ___ most of my day by doing the things I love.

7. HAVE YOU GOT A PET?

Yes, I have. It's a cat called Musa.

8. DO YOU HAVE ENOUGH TIME FOR FRIENDS?

Yes, I have. I am lucky to have all my closest friends training with me, so we see each _____ almost every day, doing together what we all love the most. They are a big part of my life and if it wasn't for them and their support, I am sure I wouldn't be where and who I am today.



Iskoristi ove reči:
however, the, other, of, to, for, when, where, what, be, in, of

9. WOULD YOU CHANGE ANYTHING IN YOUR LIFE NOW?

I wouldn't change a thing, I enjoy my life and I am grateful ___ everything I have.

10. WHEN DID YOU START TO TRAIN?

I started ____ I was 8.

11. WHAT COMPETITION ARE YOU MOST PROUD OF?

I am proud of many competitions. The first thing which comes to my mind at this moment is European Championship in Munich 2022, ____ I won my first senior medal being the youngest participant in the whole competition.

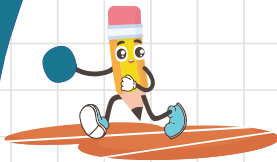
12. WHAT'S YOUR ADVICE TO KIDS WHO WOULD LIKE TO BE SUCCESSFUL IN SPORT?

To find the most suitable surrounding and to ___ in the company of the people they love and who will always be by their side... the key is to love what they do, because otherwise there's no point.

13. ARE YOU EXCITED FOR THE OG IN PARIS?

I can't wait! It's still unbelievable ____ I managed to do! I'm so proud __ the fact that I succeeded __ buying a ticket for Paris! I'm really excited!

7



NAME THE GAME

Koji sportovi ili discipline su prikazani na slikama? Zaokruži slovo ispred tačnog odgovora.



- a) swimming
- b) athletics
- c) rowing



- a) cycling
- b) judo
- c) archery



- a) sailing
- b) diving
- c) triathlon



- a) wrestling
- b) boxing
- c) fencing

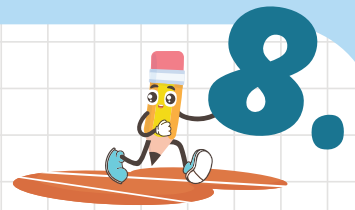


- a) Latin American dances
- b) tennis
- c) basketball

Samo jedan sport sa liste nije prisutan na OI.
Da li znaš koji?

Latin American dances

LET'S PLAY WITH LETTERS



Preuredi slova i otkrij reč na engleskom koja je u vezi sa sportom.

1. b t a d n m i n o _____
2. e c o r e m n y _____
3. n a h b d l l a _____
4. t v e e n _____
5. t m y g n a s i c s _____
6. g a n l s o _____
7. l v o l y e l l a b _____
8. a m s o c s t _____

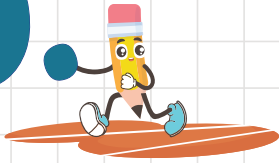
Među sastavljenim rečima pronadi odgovore na sledeća pitanja:

1. What's happening at the beginning of OG?
It's an opening c _____.
2. What's a memorable phrase used in advertising?
S _____.
3. In which sport do we use a shuttlecock?
B _____.

Da li znaš koji je slogan
OI u Parizu?

Igre širom otvorene / Games wide open

9



WORD SEARCH

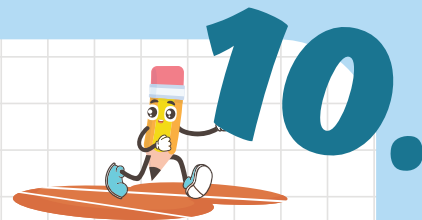
- a) - OLYMPICS - SUMMER - TORCH - PARIS
 - FRANCE - RINGS - VICTORY - PARTICIPATE
 - CROWD - FANS - COACH - TEAM

T	A	O	L	Y	M	P	I	C	S	P
O	C	R	O	W	D	S	J	O	M	O
R	B	S	U	H	G	H	E	A	L	I
C	L	P	S	N	A	F	N	C	O	K
H	U	A	I	C	G	A	B	H	K	T
P	A	R	T	I	C	I	P	A	T	E
O	D	I	F	R	A	N	C	E	W	A
E	W	S	U	M	M	E	R	B	Q	M
V	I	C	T	O	R	Y	F	J	T	V

- b)* - HURDLES - JAVELIN - SHUTTLECOCK - KIMONO
 - FLIPPERS - GOGGLES - STUDS - SAND

U	F	L	I	P	P	E	R	S	N	O
D	V	J	K	S	E	L	D	R	U	H
S	H	U	T	T	L	E	C	O	C	K
L	A	R	H	U	O	B	J	H	I	R
G	K	N	B	D	M	H	U	M	G	S
O	R	E	D	S	L	V	O	N	E	L
J	A	V	E	L	I	N	J	B	D	U
S	I	U	M	G	O	G	G	L	E	S

THE ODD ONE OUT



Pronađi uljeza i zaokruži:

- | | | | | |
|----|----------|----------|---------|--------------|
| 1. | coach | referee | court | fan |
| 2. | shoulder | hip | knee | net |
| 3. | run | leap | swim | jump |
| 4. | squat | paddle | racket | bat |
| 5. | faul | time-out | whistle | yellowcard |
| 6. | shorts | bottle | T-shirt | socks |
| 7. | shinpads | studs | armband | penalty area |

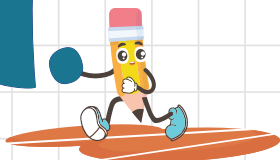
* Bonus pitanja:

1. Which part of the body is a shin?
2. What is the second meaning of the words 'fan' and 'bat'?
3. Who wears an armband?
4. Which part of your arm often hurts if you're a tennis player?
5. Can you order these words properly and get a common proverb?
before / look / leap / you - _____ !

Kako se na engleskom kaže
„prestupna godina“?

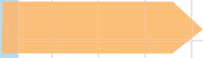
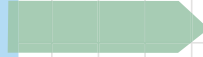
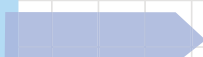
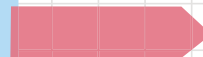

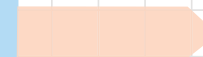
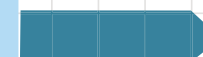
A leap year

11



WORD CHAINS

Prati korake tako što ćeš zapisivati redom odgovarajuće reči. Imaj na umu da u svakom sledećem koraku možeš da promeniš samo jedno slovo.

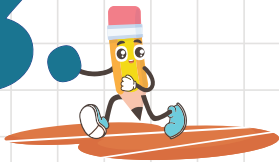
1.  t _ _ _ _ (another name for "a story")
↓
2.  _ _ _ _ (masculine or...)
↓
3.  _ _ _ _ (to create something)
↓
4.  _ _ _ _ (still water)
↓
5.  _ _ _ _ (not original)
↓
6.  _ _ _ _ (a part of your head)
↓
7.  _ _ _ _ (a competition between runners)

1. _ _ _ _ (past simple of feel)
2. _ _ _ _ (plural of foot)
3. _ _ _ _ (gather with friends)
4. _ _ _ _ (beef, pork, fish = types of _____?)
5. _ _ _ _ (breakfast is the first _____?)
6. _ _ _ _ (not imaginary)
7. _ _ _ _ (you do this when you see the text)

* Probaj da napraviš svoj niz od 7 reči da dobiješ reč **TEAM** na kraju. Onda možeš sa drugarom ili članom porodice da probaš da osmisliš još sličnih nizova.

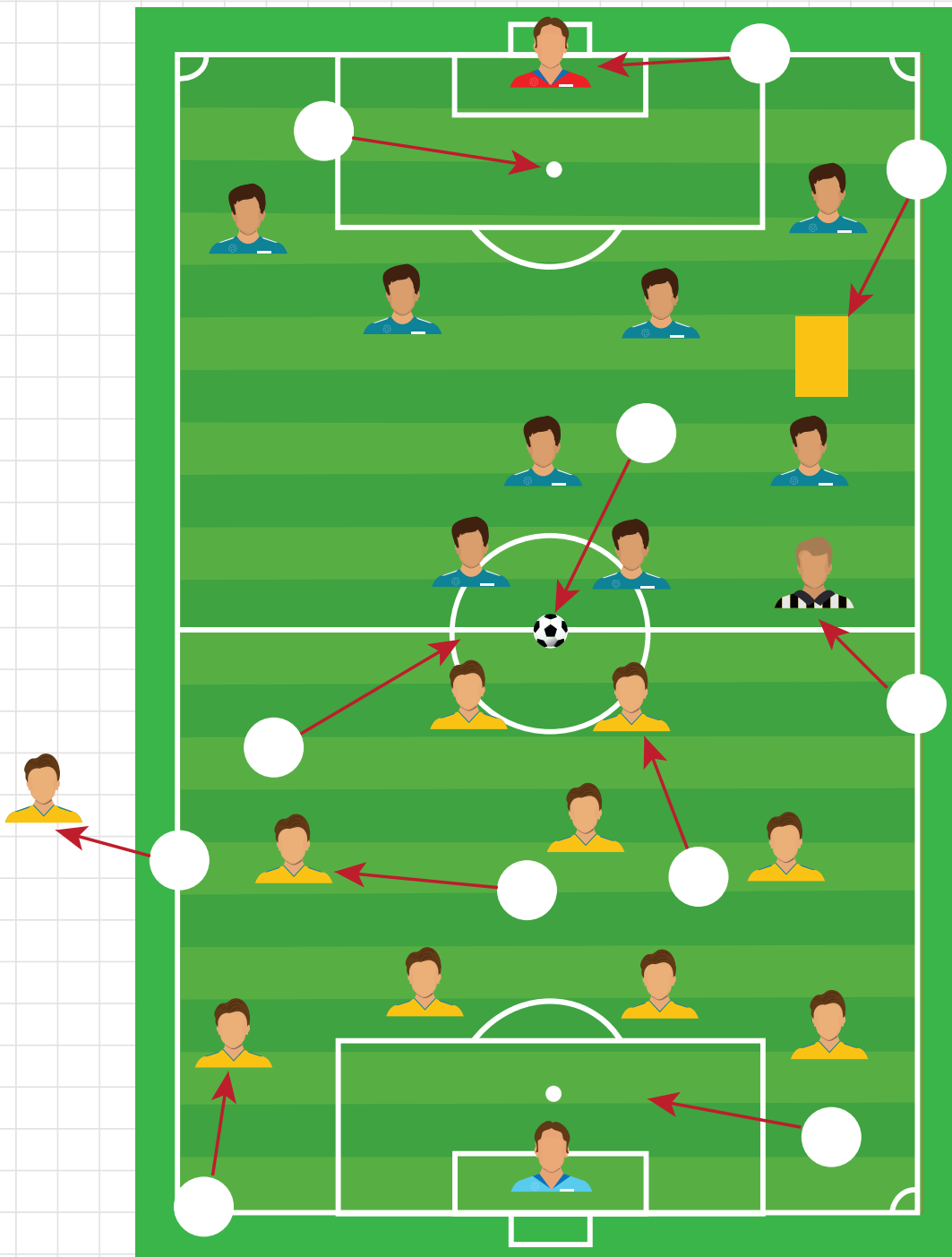
1.	_ _ _ _
2.	_ _ _ _
3.	_ _ _ _
4.	_ _ _ _
5.	_ _ _ _
6.	_ _ _ _
7.	TEAM

13.



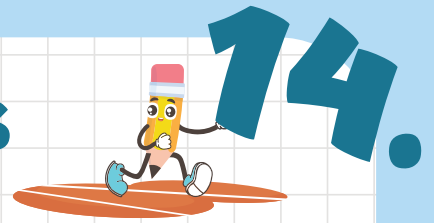
FOOTBALL PITCH

Na slici je fudbalski teren. U kružiće upiši broj ispred odgovarajućih reči.



1. goalkeeper
2. penalty spot
3. yellow card
4. pitch
5. the centre spot
6. referee
7. substitute
8. defender
9. midfielder
10. forward
11. penalty area

WORDS WORDS WORDS

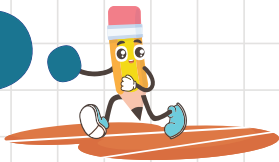


Od sledećih 12 slova probaj da sastaviš bar 20 engleskih reči od minimum tri slova.

D D E E I T M R E N A C

What's your longest word? _____





PEOPLE IN SPORT

Iskoristi ponuđene glagole i napravi imenice koje predstavljaju osobe:

play	
compete	
visit	
train	
win	
participate	
fight	
admire	
run	
support	

Who trains whom?

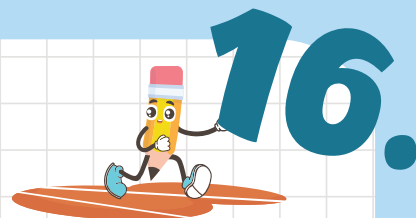
Who is a runner-up?

How do you call a person who:

1. plays for pleasure = an a _ _ _ _ _
2. is paid to do a sport = a p _ _ _ _ _
3. talks about sports on the TV or radio as it is happening
= a c _ _ _ _ _
4. watches sport = a s _ _ _ _ _
5. teaches you how to do your sport better
= a c _ _ _ _

- **Have you met any sportstar? Who was that?**
- **Do you have a club you support? Why?**
- **Have you ever competed in sport? When was that?**

OUR BODY

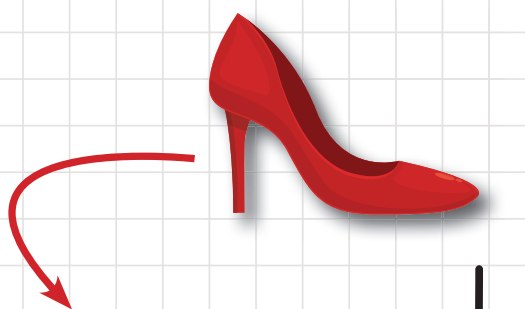


Zaokruži što više reči u zadatom nizu:

ARMOUTHHEELBOWWRISTEETHIPANTSCISSORSHEEPCHILDRENOSEMEN

Sada izdvoj reči koje se odnose na delove tela i dopiši ih pored odgovarajućeg prevoda:

1. usta –
2. lakat –
3. ruka –
4. kuk –
5. ručni zglob –
6. nos –
7. zubi –
8. peta –



Šta je Ahilova peta?

Od preostalih reči iz niza, možeš li da izdvojiš oblike nepravilne množine i da napišeš oblik jednine:

- *1. t _____
2. sh _____
3. ch _____
4. m _____

Probaj da se setiš još nekih oblika nepravilne množine:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

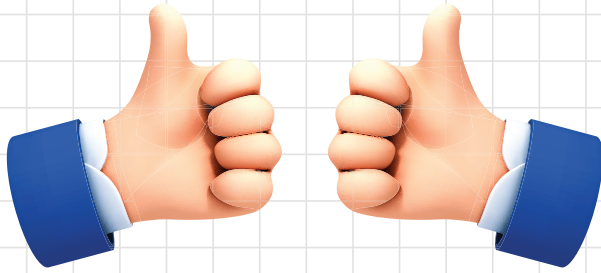
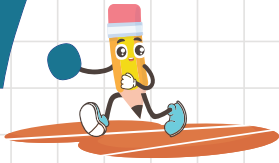
*Bonus pitanje:

Kako nazivamo ovaj oblik imenica i zašto? Ako znaš još neki primer, dopiši.

pants _____

scissors _____

– pluralia tantum



“TWO THUMBS UP!” MEANS:

- a) You're late!
- b) You did it twice!
- c) Great job!

- Kako se izgovara reč 'thumb'?
- U svakoj od sledećih reči zaokruži i precrtaj slovo koje se ne izgovara:

muscle

answer

autumn

aisle

comb

sign

island

doubt

talk

yacht

hour

knee

isle

scene

listen

honest

A sada svaku reč izgovori naglas!

- Pažljivo poveži reči iz leve kolone sa objašnjenjima iz desne:

1. thought [θɔ:t]

a) moving in one side and out of the other

2. tough [tʌf]

b) despite the fact that...

3. taught [tɔ:t]

c) past simple of teach

4. through [θru:]

d) past simple of think

5. though [ðəʊ]

e) strong